



The Defender

A monthly publication of the Northwest Florida Military Officers Association

Vol. 16 No. 6

Serving All Branches of The Uniformed Services

JUNE 2010

Breakfast Discussion

When: Wed. 2 June, 2010
Time: Open: 0700; Bkst: 0715;
 Meeting: 0800-0900
Place: Eglin AFB Officers Club
Program: F-35B Lightning II

O'Club Breakfast

Please:

- Make a reservation
- Wear a name tag
- Bring proper change
 \$7.00 for O'Club Members
 \$9.00 for Non-Members

Reservation deadline is Friday at noon prior to the meeting. Call Dan Cobbs at 685-9415 or send an email to: dgosselin@bridgeway.org if you are attending.

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The MOAA Preamble

To represent their rights and interests when Service matters are under consideration. We unite to form the MILITARY OFFICERS ASSOCIATION OF AMERICA.

MARINE AVIATION COMES TO EGLIN AFB IN A BIG WAY

by Ken Wright

The Northwest Florida Military Officers Association will be welcoming the Marine Fighter Attack Training Squadron 501 to speak to our organization at the June 2nd membership meeting. Marine Fighter Attack Training Squadron 501, currently only 37 Marines strong, stood up as the Marine F-35B Lightning II training squadron in a ceremony at Eglin Air Force Base. The squadron is the nation's first training squadron for the new Joint Strike Fighter, making the ceremony not only a first for the Marine Corps, but for the entire Department of Defense. The Joint Strike Fighter program was developed as a means to replace several Navy, Air Force, and Marine Corps aircraft with a single jet. The Marine Corps' variant, the F-35B, will be the only version with short takeoff and vertical landing capabilities. The F-35B is slated to replace the AV-8B Harrier and F/A-18 Hornet fighter and attack aircraft currently in the Corps' inventory. The Lightning II is also proposed to have electronic countermeasures capabilities like those of the EA-6B Prowler. Over the course of

the next year, the training squadron is scheduled to receive its first of 20 F-35B Lightning II aircraft, allowing hands-on training for pilots and maintainers. Though VMFAT-501 may be America's first training squadron for the F-35 aircraft, the squadron itself is steeped in history. The squadron's legacy comes from



Ken Wright



Marine Fighter Attack Squadron 451, which was originally formed during World War II as an F4U Corsair squadron. The squadron saw combat in Japan in 1945, and later flew F-4 Phantoms over Vietnam in the 1960s.

The "Warlords" of Marine Fighter Attack Squadron 451 were retired in 1997. The squadron was reactivated at the National Museum of Naval Aviation aboard Naval Air Station Pensacola, Fla., April 1, to be redesignated as VMFAT-501. It is military tradition to redesignate retired squadrons instead of creating new ones so that history may be continued rather than lost.

**DON'T FORGET FATHER'S DAY
 JUNE 20TH**



A couple of years ago, your Board of Directors, at the request of the base commander, voted to support the ongoing Operation Homecoming activities at Hurlburt Field and Eglin. This is an activity whereby civic, military, government, and business leaders of the community meet and greet arriving military/civil service/contract personnel from their overseas deployments.



Bill Van Hoesen

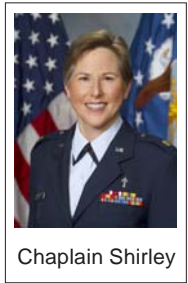
Initially, Northwest Florida Military Officers Association member participation was great. We enthusiastically stepped up to the plate when we were notified of an arriving flight and we were always there at the foot of the ramp to thank our returning warriors.

But that's not the case now. Over the last six months, only three people have stepped forward and volunteered to support this effort—Frank Glunn, John Feldmann, and yours truly. That's pathetic folks! With a membership of approximately 450, we can only muster three people? Are we that old and decrepit or selfish and uncaring?

The Homecoming Committee needs your help now; we need you to agree that when notified you will be there to welcome home our young men and women. We receive continual feedback from the "troops" that they sincerely appreciate the effort so let's not let them down.

Please call or email me at 850.225.2957 or bvanhoesen@cox.net to let me know you will help. If I don't receive any volunteers by the next DEFENDER deadline, I will notify the base commanders of our unwillingness to support the program. I would consider that a supreme embarrassment for NWFMOA. Please, please let me hear from you.

Chaplain's Column



...by Chaplain Sarah Shirley

Relationships in the Age of Independence

I love listening to NPR when I drive. I thrive on CNN and BBC television news when I'm doing household chores. I was absolutely thrilled when I discovered C-SPAN on the radio here in the DC metro area. Given the number of minutes I listen to news every almost every day, it is inevitable that I hear my fair share of politicians. Lately many of them strike a theme of being independent thinkers and doers. "Nobody tells me what to do!" "Nobody tells me how to vote!" "Nobody tells me what to think!"

Okay, that's nice. But are any of us so autonomous? Last I checked almost everyone is in relationship with other people. We have colleagues, children, siblings, spouses, employees, parents, neighbors, and pets (yes, it's true, I think of pets as people, especially if they are small poodles). Other people can and do impact our thoughts, our decisions, and our actions. And yes, dear reader, we influence others as well. Sometimes by design, sometimes by habit, we impose our values and desires on others on a regular basis. This can cause others to rebel, to resent us, and every now and then, to appreciate our care and concern.

Which one of us has not had a child or spouse or pet refuse to bend to our will, or resent it when we force our priorities on them? As I write I'm thinking of the four-year-old Shepherd mix I'm sitting for – she was very unwilling to go outside this morning, knowing I was going to leave her alone in the yard. But I needed to go to work, and she needed to go outside lest her unattended self bring destruction on the house. So I dragged her out, and I hope she will have forgiven me by dinner time.

There are more challenging situations, of course. How about deciding to call the police when your child is repeatedly using drugs and driving drunk, and you come to believe that the child will be safer in the law enforcement system than left to his or her own devices? Or caring for an aging parent's finances or housing or medical decisions? Or making medical decisions for your beloved? What standards do we apply when we are faced with some hybrid situation of being a responsible adult, being just plain bossy, and playing God?

I suggest that the principles of bioethics can be usefully brought home. "Bio" means life, and "ethics" can be simply defined as standards of right conduct. "Bioethics" is the study of moral and ethical choices faced when treating patients or conducting medical research. While that may sound a little heavy for deciding at what age to let a teenager date, or whether to let Suzy go to the prom with someone

Continued on page 3

Public Record

IN MEMORIAM: Fortunately no report this month

NEW LIFE MEMBER: Maj. James Peavy, USAF (Ret)

Military Wisdom

"It is generally inadvisable to eject directly over the area you just bombed."

~U.S. Air Force Manual~

Editor's Etchings . . . by Scott Berry

Greetings!

May was a month of "Happenings."

Bill Mann celebrated his 90th birthday. His service to his country spanned three wars! Thanks for your service, Bill, both in and out of uniform.

Received an email from Bob Secrest. He and Betsy, who are Life members of the chapter, have given up the white sands of the Emerald Coast and moved to Minot, ND, where the "other" white stuff is in order to be closer to family. God speed to you in your transition and please keep in touch.

Hope that Mother's Day was a good one for all of you. My mom turned 95 last month. She lives at Westwood, and

while Alzheimer's has robbed her of much of her memory, she still has brief moments of lucidity. Several years ago, during a quarterly review with the staff when Mom was much

more cognizant, the staff was briefing me on her condition as she was busily chatting with someone else. When a member mentioned the word "Alzheimer's" to me, Mom's ears perked up, turned to me and said, "I forget what that is." Everyone exploded in laughter. What else could you do?

Berry "Out"



Scott Berry



At last month's breakfast, chapter president Bill Van Hoesen presents 96th ABW Commander Col. Bruce McClintock with the book *Fighter Pilot* by Robin Olds as a small token of the chapter's appreciation for all the support that Col. McClintock has given us during his tour here. Col. McClintock will PCS in July.

Chaplain's continued from page 2

you don't know very well, the principles that are used to govern life and death decisions are very useful in regular life decisions.

Here are the four ethical principles I recommend you take into your next domestic dispute:

- 1) Nonmaleficence – don't cause harm;
- 2) Beneficence – benefit others;
- 3) Justice – distribute costs and risks in a fair or equitable way; and
- 4) Autonomy – respect people, especially their choices for their own lives.

The first principle may not be easy to relate to your home or office life, because who does it really hurt if you yell at your son or read your mother's personal journal without her permission? Well, you may be doing damage to your relationship later on down the road. My aunt asks this question when choosing behavior toward people she cares about: "How will my words or actions impact the relationship that we will have 10 years from now?" More often than not just asking that question makes her shut her mouth if she wasn't preparing to deliver a compliment!

The second, beneficence, is a little simpler. If it doesn't help somebody (other than yourself, that is!), just don't do it or

say it. Period.

The third and fourth principles help us discern what is and isn't our concern. Justice suggests that I should not decide what risks others are going to accept and what costs they are going to bear. If I want to do/not do something that someone else has to pay for, then it's that person's business. If someone else wants something that I have to pay for, then it's my business unless I decide to freely give a gift of whatever it is they want (bail money when they drive drunk again, a prom dress, vet bills for life when they bring home a puppy).

Autonomy is the real kicker. This is the one that most of us have trouble with again and again and again and again. Human beings are, whether we like it or not, autonomous unless they choose not to be. Sometimes they choose not to be autonomous by getting married or joining an organization, but they keep acting like they're solo players, exercising autonomy that they voluntarily limited by their prior action. This invariably leads to trouble. Similarly, conflicts arise when two individuals' autonomous choices collide. A popular way of dealing with this is for one party to "give in" to the other, all the while seething with resentment. Popular, but not smart.

Better might be to let some light and breath in to the situation. Exercise grace (not hard to remember – it rhymes with "give some space") and consider the decision from the other person's perspective. Ask yourself, "What's the worst that might happen if I affirm the other's autonomous choice," and then, "and how will I handle that?" Ask yourself if there are other options. And – this is important – ask how the other's exercising their autonomy does or does not impinge on your autonomy. Just because you don't like something doesn't mean it directly affects you. And if it doesn't, and if there's going to be no harm done, and others might benefit, and the costs and risks are fairly and equitably distributed, let it go with a smile.

You may well find greater peace and serenity in your home, your heart, and your life. When people ask what you're so happy about, just say, "I'm a bioethicist, and I love it!"



**Display the
Flag
June 14th!
It's Flag Day**

Secretary's Pen

... by Jeff Thompson

Another great program at the breakfast meeting, Col Bruce McClintock, the Eglin AFB Installation Commander was our guest. In his presentation, he included a short video of the White House Fellowship program (he was a WH Fellow in 2001) and then he presented a "State of the Base" brief. He told us it has been a busy month for Eglin: 137,000 attendees at the open house, the Horton Hanger opened, AFMC Civic leaders visit, AFMC 12 Outstanding Airmen gala, AFMC Senior leaders conference, EOD Monument activities (2000 guests) and the 96th ABW UCI with 105 inspectors. All these events stressed the base personnel but they came through with flying colors. He had a Q & A after his brief. He also spoke about the new Emerald Breeze Hotel that is proposed for Okaloosa Island and discussed the base's aid in the oil spill efforts. Bill Hoesen presented the Colonel with the book "Fighter Pilot" as a token of our appreciation for his efforts at Eglin. Other items from the meeting: Frank Glunn introduced our scholarship overall winner Army JROTC cadet Raven Lopez from Baker H.S; the membership



Jeff Thompson

is encouraged to call Jeff Miller in support of HB 775; and, Neil Schneider of the Florida MOAA council told us about the MOAA regional meeting this September in Jacksonville. Also of note, there are several opportunities to volunteer for good causes coming up; the Vietnam Wall tour needs help, call 543-8215 for information. In addition, the USO is opening at the airport and they will soon need help to stay open 12 hours a day/7 days a week. I am working with their volunteer coordinator to see how we can help. Please e-mail me for information. Busy day at the NWFMOA! For the Jeff's list addition this month, I am adding a whole area not just one store. If you have not been to the [Emerald Grand/Harbor walk Village](#) in the last few years you should visit during the Military Appreciation nights (Red White and Blue Celebration) they have all summer on Thursday nights. It is a nice area to walk around with several very nice restaurants with different price ranges, from Commanders Palace to Tropical Smoothie. They end the evening with fireworks. They should be starting this again on 27 May and it will run through the summer. Again, if you would like to receive the Defender via the web rather than hard copy, please e-mail me at nwfmoadsecretary@cox.net and I'll take you off the snail mail list.

AUXILIARY CORNER

Did your spouse serve in Vietnam? If so, a new VA ruling might make you eligible for Dependency and Indemnity Compensation (DIC), a monthly compensation of about \$1,150, payable when a service member's death is service-related. The VA recently issued a "presumptive" ruling, which added three diseases — Parkinson's disease, B-cell leukemia, and ischemic heart problems (all attributable to Agent Orange) — to the list of causes of death that qualify a surviving spouse for DIC. If your spouse's death certificate lists any of the above or any previously "presumed" diseases such as diabetes, prostate cancer, or respiratory cancer as cause of death, you might be eligible for DIC. The VA presumptive ruling is important because proof of an association between the disease and death does not have to be provided. The VA has presumed that Agent Orange is a factor if the death certificate includes one of the listed illnesses.

If you think your spouse's death meets these qualifications, apply immediately for DIC, as DIC will be paid retroactively to the date the VA receives your application (if you are eligible). One of the quickest ways to apply for DIC is by using a VA benefits counselor in a VA regional office near you. (Visit www.vba.va.gov/vba and click on Find a Benefits Office on the right side of the page.) They will help you file the application using the appropriate forms and documentation. Remember, you must have proof of your spouse's deployment to Vietnam and a death certificate with one of the presumptive diseases listed.

DIC is a significant monthly benefit to which you might be entitled based on your spouse's military service. Don't wait! Find out whether you're eligible today.

Joyce Harte, member, Auxiliary Member Advisory Committee, MOAA



At last month's breakfast, scholarship committee chairman Frank Glunn recognizes JROTC Cadet Raven O. Lopez as the recipient of our Chapter's top scholarship award. Standing with her are her mother, Ms. Christine Lopez, and Senior JROTC Instructor CWO3 Carl A. Dean, Jr.

Prescription Filling...

more than throwing pills in a bottle

by Maj. Krissa Crawford, USAF, BSC

At the Hurlburt Field Pharmacy, we fill nearly 400 new prescriptions every day. Every prescription, no matter how simple or complex, goes through the same basic steps to maximize your safety.

1. Every medication is electronically screened against other medications you take and any allergies you have (that we know about). Even if your doctor entered your prescription electronically, we look at it again.

2. Every dose and line of instruction is checked for appropriateness and accuracy. We make several phone calls to providers every day to clarify prescriptions.

3. With the assistance of a state-of-the-art safety check system, we fill each prescription. Each label is scanned into the system. If we then scan the incorrect medication, the system alerts us to our error and will not allow us to continue until corrected. *If we try to hurry and bypass this important safety check, we increase our risk of making a mistake.*

4. Once filled, the prescription proceeds to a third person who reviews the label and the medication and compares them to the written prescription (if there is one). The computerized safety system is used again here, displaying on the screen a picture or description of the correct medication.

Some prescriptions do require a few more steps than others and may take longer to fill. Antibiotics that need to be reconstituted or controlled substances that require careful inventory tracking may take longer than other prescriptions.

Got a Chapter question?

Change in personal info?

Comment?

Don't know who to ask?

Email: nwfmoinbox@cox.net.

We'll get an answer for you.

Bob's Computer Tips ... by Bob Garcia

Many of you have mentioned that you are having problems with your computer running slowly. I mentioned some ideas last month on some things you can do to help clean up your computer. Routine maintenance is something we all practiced in our military days and the same holds true for our computers. So set up a schedule for doing maintenance.

I found a free program on the Web that can assist you, and I'll cover it this month.

Microsoft released a Beta version of a utility called Microsoft Fix it Center which will perform many of the maintenance tasks that are needed to keep your machine "purring." Here's what the PC World Magazine reviewer has to say about the product:

"Editorial Review of Microsoft Fix It

Microsoft's Fix It software, which tries to automatically figure out what's wrong with your XP and Vista PCs, is now available for download.

The software is in beta, and can run diagnostics for 300 common problems with Windows. When you run Fix It, you'll see a list of things to examine, such as display quality, performance, and incoming connections. Clicking the "run" button next to each item launches an automatic troubleshooter. Each one takes only a few minutes.

PC users may have also run into the online version of Fix It, which has been kicking around in Microsoft's support pages since late 2008. But if you're having computer problems, you might not be able to get online, in which case Fix It could come in handy. Besides, selecting from a list of general categories is easier than hunting for a specific problem online.

Fix It is aimed at Windows XP and Vista users, because Windows 7 already has diagnostics built-in (you can access them via Control Panel > System Security > Find and Fix Problems). However, the software works on Microsoft's latest operating system as well, and I find the interface is a little easier to manage in the downloadable version.

Although I didn't have any major PC problems, I did manage to tune up a few things—mostly programs running at startup that were affecting performance—with help from the Fix It software. ...

—Jared Newman"

Notice that the application is for Vista and XP users, although it can be used on Window 7 machines. Windows 7 has built in diagnostics. I downloaded the application without any problems and have used it on my Vista machine without difficulty. I think it's a good product and easy to use. The "beta" version has been stable. Use this link to download the software: <http://fixitcenter.support.microsoft.com/Portal>.

Read the documentation before you download and install.

Let me know how you like it.

New subject for those of you who have MS Office 2007 installed. Microsoft has released the Beta version of its Office 2010 suite. (Remember that's how they make money...new upgrades). The Beta release is free and will give you a chance to preview and use the next version of MS Office. I am using it on one of my machines and have had no problems. I have not had time to evaluate what is different and improved. I think the 2010 upgrade is due out later this year. Be aware that if you install the Beta release it will overlay Office 2007. Shouldn't be a problem.

Use this link if you want more information:

<http://www.microsoft.com/office/2010/en/default.aspx>. Read the information before you download and install.

That's it for this month. Happy computing.

Semper Fi,

Bob



Bob Garcia



Dan Cobbs

MEMBERSHIP

by Dan Cobbs

Hello. With the amount of information that we are bombarded with on a daily basis about the economy, financial reform of Wall Street, immigration pharmacy benefits and TRICARE, I thought you could use an inspirational pick-me-up. This month's member spotlight is on John Hall who recruited Jon Kagan as a new NWFMOA member.

John Hall's Background:

1. Place of Birth – Cumberland, Maryland
2. Graduated high school – Allegany High School in Cumberland, Maryland
3. Graduated:
MA- Central Michigan University, Mt. Pleasant, Michigan
BS - University of Maryland, College Park, Maryland
BS - Southern Illinois University, Carbondale, Illinois
4. Career Path
 - 1st Path – U.S. Army - Medical Support Services/ Medic & Infantry Officer Special Forces
 - 2nd Path – Hospital Management and Administration
 - 3rd Path – Contract Facilities Services Management
5. Lessons Learned - Leading by example and looking out for those, whom I was responsible, proved to have the best results.
6. To-Do: Sell some properties and build a new house away from the water.
7. Proudest two Moments - Qualifying for and being awarded the “Green Beret” and marrying my current wife, Wydonna.
8. Philosophy – People: - Always treat others the way you would want to be treated. Be honest and fair to all with whom you have dealings.
9. Interests – Military History, especially the American Civil War, property management and service.
10. Legacy - Very honest, caring and driven person who has always been result-oriented with a “Can Do” attitude. Those who I was responsible for ranged from a few to many and admired my carrying for them and their well being. I was gifted with the ability to get the job done, in both hostile and friendly environments.



John Hall

Thank you, John for moving forward with a new member.

The Board has a vision to provide a high level of service to our members. The NWFMOA website is up and operating – check it out at www.nwfmoa.org. The Defender is available by email. Update your email addresses to me so you can receive information electronically. By offering the Defender via e-commerce, our Chapter will be able to save significant dollars. We hope you take the opportunity to share our website with others. We're moving forward....

NWFMOA CHARTER MEMBER CELEBRATES 90TH BIRTHDAY

Family and friends gathered at the Air Armament Museum on May 1st to celebrate the 90th birthday of Colonel F. W. “Bill” Mann, Jr., USAF, (Ret). Congressman Jeff Miller made a presentation to him and read an entry he made in the Congressional Record citing Bill's many accomplishments while in the military and since then. Fort Walton Beach Mayor Mike Anderson presented Bill the key to the city for his many civic contributions. In his brief comments, Bill stated that he's looking forward to another party when he turns 100. Margie and Bill have two daughters and three grandchildren.



Margie and Bill Mann await the birthday cake.



Congressman Miller makes a presentation to Bill Mann.



Karlynn Akos and Marie Wagner



Jim McCarthy and Jean Lesch



The Grand Band



Margie and Bill Mann with Congressman Miller and Ft. Walton Beach Mayor Mike Anderson

Did You Know?

EXTRA SOCIAL SECURITY BENEFIT FOR THOSE WITH ACTIVE DUTY SERVICE BETWEEN JANUARY 1957 TO DECEMBER 31, 2001. You **MAY** qualify for a higher social security payment because of your military service for active duty any time from 1957 through 2001 (the program was done away with 1 January 2002). Up to \$1200 per year of earnings credit credited at time of application - which can make a substantial difference in social security monthly payments. You must bring your DD-214 to the Social Security Office and you must ask for this benefit to receive it! See the Social Security website at: <http://www.ssa.gov/retire2/military.htm> for more info. This benefit is not automatic, you must ask for it!”

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**The spouse of a deceased life member automatically becomes an auxiliary life member.

Membership Application/Renewal

New Members joining in 2010
receive membership through
December 31, 2011 for \$20.00.

Membership Renewal
1 yr - \$20.00, 2 yr - \$38.00, 3 yr - \$50.00
Life Membership Dues**

Age	Dues	Age	Dues
101+	Free	71-75	240.00
96-100	50.00	66-70	275.00
91 - 95	75.00	61-65	295.00
86 - 90	110.00	56-60	335.00
81 - 85	150.00	51-55	360.00
76 - 80	195.00	-50	395.00

Auxiliary Members
Pay one half of the above rates