



The Defender

A monthly publication of the Northwest Florida Military Officers Association

Vol. 16 No. 7

Serving All Branches of The Uniformed Services

JULY 2010

Breakfast Discussion

When: Wed. 7 July, 2010
Time: Open: 0700; Bkst: 0715;
 Meeting: 0800-0900
Place: Eglin AFB Enlisted Club
 (Not O Club)
Program: Mr. Jim Moore and
 "Humor in the Military"

Enlisted Club Breakfast

Please:

- Make a reservation
- Wear a name tag
- Bring proper change
 \$7.00 for O'Club Members
 \$9.00 for Non-Members

Reservation deadline is Friday at noon prior to the meeting. Call Dan Cobbs at 685-9415 or send an email to: dgosselin@bridgeway.org if you are attending.

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Bill of Rights - First Amendment

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.

Humor in the Military

by Ken Wright

If you missed last year's story telling performance by Jim Moore on the history of Eglin AFB, you missed something special.



Jim Moore

The crowd was in stitches and couldn't control their tears of laughter. Mr. Jim Moore was in full character as he described how "Eglin" became what it is today.

This year Jim Moore will be bring us "Humor in the Military". Jim Moore is a yarn spinner by hobby and a local semi-retired attorney who is a graduate of Walton High School and has degrees from Florida State the University and University of Florida.

His storyteller days started as a Scoutmaster years ago and have parlayed his performance for regular appearances at the Florida League of



Ken Wright

Arts and the Florida Chautauqua historical societies and civic clubs. He has authored several historical books on the history of Florida's panhandle, his latest being "Hotel DeFuniak".

He resides near Poverty Creek community in Okaloosa County and is one of the owners of the Holiday Inn Express in Niceville. So don't miss this opportunity to be entertained and see the "Humorous" side of the military.

ATTENTION:

We will meet at the Enlisted Club across from the Shoppette near the Valp Gate!

On 29, May 2004, President Bush dedicated the World War II Memorial to honor "The Greatest Generation." Regrettably, today very few of these older veterans have the funds, knowledge, or strength to complete a conventional trip to Washington D.C. via commercial airline, car, or bus.

Honor Flight is a nonprofit organization created solely to honor America's veterans. We fly our heroes to Washington, DC to visit and reflect at **their** memorials. Top priority is given to senior veterans – WW II survivors along with those other veterans that may be terminally ill. Honor Flight first flew in May 2005 with six small planes flying 12 WW II veterans departing out of Springfield, Ohio. In 2006, with a waiting list of veterans expanding rapidly, we transitioned to commercial airline carriers to accommodate the maximum number of veterans as possible. Partnering with Honor Air in Hendersonville, North Carolina and Hero Flight in Provo, Utah, we formed the "Honor Flight Network." Based on recent statistics, we are losing WW II veterans at the rate of **1200 per day**. Honor Flight will continue to do whatever it takes to fulfill the dreams of our veterans and, very importantly, our senior heroes travel **absolutely free**.

EMERALD COAST HONOR FLIGHT is a program that enables WWII veterans to fly to DC to see their memorial at no cost to them. This is a day trip and all meals, travel expenses, etc. are paid at no cost to the veteran. You can get an application from the website at www.emeraldcoasthonorflight.com or call me at 850-225-2957 and I will mail you an application. I also have guardian applications. Guardians are friends and neighbors who volunteer to escort honorees throughout the trip. Guardians must pay for their flight which is approximately \$300.00; there are no other expenses.

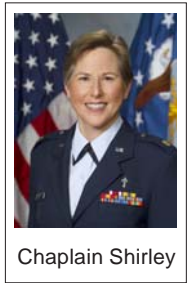
The local program was put into place by Congressman Jeff Miller and all funds are raised here locally in Congressional District #1.



Bill Van Hoesen

Chaplain's Column

...by Chaplain Sarah Shirley



Chaplain Shirley

Relationships in the Age of Independence

My family lives its life from one poem to another. You might think that we would be full of Bible quotes (me being a chaplain and all), but poetry is our thing. What God started in the Holy Scriptures, the Spirit (at least the inspiration and comfort qualities of the Holy Spirit) has extended through the mouths of babes and the pens of poets, To the common categories of poetry (sonnets, war poems, cowboy poetry, haiku, etc.), my mom and grandfather added this one: "adolescent virtue poems."

These are poems that describe how perfect we all would like to be. The one that my mother begins to recite when any of us is watching some accomplishment we've made come undone in the next administration of wherever we happen to be working, or when someone's reputation is being unfairly besmirched, is "If" by Rudyard Kipling. It's a lengthy list of how one might respond with grace, dignity, and honor when life is going way wrong. A nice goal, and an inventory surely designed to make the best of feel inadequate in the face of real life!

Which of us has not spoken out of anger, missed an opportunity to do the right thing, or decided that a particular unethical or dishonest situation we could have righted was not "a ditch worth dying in?" And so we never quite live up to Kipling's standard for our adult lives. This is where the religion part comes in. Grace, and the opportunity for do-overs, is God's unique gift to limited and faltering humans. Grace also allows some bit of good to be wrestled from even the most horrible situation.

So how do we access this grace? All religions have methods – prayer, sacraments, other rites and rituals. A way common to people of all faiths and those with no specific tradition is the path of honesty, openness, and willingness. Instead of blaming others when we don't measure up, or refusing to look at our part (denial is a universal human trait), we open ourselves to honest self-examination, and become willing to have God change us so we can grow a little bit in those "adolescent virtues."

Public Record

IN MEMORIAM: Lt. Col. Charles Arpke, (Ret) 05/18/2010

Col. Robert Clyde Ogletree, (Ret) 06/04/2010

Col. Seymour Shwiller, (Ret) 05/27/2010

NEW MEMBERS: Capt. Mike Hill, USAF (Ret)

Col. Gerald Moore, USAF (Ret)

Editor's Etchings

... by Scott Berry

Greetings!

Spring is the time for changes. I have several of them, both professional and personal. On the DEFENDER side, we've run the different parts of the MOAA Preamble under the masthead for some time to educate readers about what MOAA stands for. I hope that you've taken the time to read those. John Feldmann wrote a piece some time ago about "Constitution Documents 101," which referenced critical documents to our country's birth. So I'm changing gears and replacing the MOAA Preamble with the Bill of Rights. That will be good for ten months until I decide on something different. I also included the Preamble for a one time reading. I'm always open to suggestions as to what comes next.

Last month the DEFENDER came out very late. My research determined

that it sat at the company who mails it out for 10 days—totally unacceptable. Never happened before and I hit the roof with them. But their mistake ultimately falls on my shoulders so I apologize to you for the delay. Before that happened, I had bumped up the suspense for contributors to get the newsletter out earlier. Sooooo, we've had a paradigm shift to improve service to you our customer. Mea culpa.

We always solicit input. Note my email on the front page.

It's been a busy month for the Berry family. Hope to include more next month. Have a happy and safe Fourth of July!
Berry "Out"



Scott Berry

No One Will Ever Fill His Shoes...

by Scott Berry, Defender Editor

With the passing of Chuck Arpke last month, we lost a pillar of our chapter—and I lost a dear friend. Fortunately, friendships are not measured by time. I knew Chuck for only several years, but during that time, I believe that we became very close friends. This may appear odd, for our backgrounds were as disparate as they come. He was a "rocket scientist" in the fields of chemistry and biology and an educator as well who groomed thousands of cadets for their future leadership roles in the Air Force. I started my career 150 feet under the white "sands" of North Dakota and ended it as a maintenance "pogue" smelling JP8 at Eglin.



But our commonality met when I joined NWFMOA and agreed to replace him as the Secretary and Editor of the DEFENDER. What I didn't realize is that a common paperboy like me was replacing a William Randolph Hearst who had founded and guided the DEFENDER for over 20 years and then brought it into the electronic age. In addition, this man had brought the tablets of the MOAA Preamble down from Mount Sinai in his capacity as Secretary when the chapter first formed. But we both loved the chapter and wanted to do the right thing. To avoid sounding self-serving, I'll make this brief: the jobs of Secretary, DEFENDER Editor, and Treasurer are the unsung heroes of the chapter. All three demand a tremendous amount of work that members never see. For over 20 years, Chuck wore two of those hats and he wore

Preamble to the Bill of Rights

Congress of the United States begun and held at the City of New-York, on Wednesday the fourth of March, one thousand seven hundred and eighty nine

THE Conventions of a number of the States, having at the time of their adopting the Constitution, expressed a desire, in order to prevent misconstruction or abuse of its powers, that further declaratory and restrictive clauses should be added: And as extending the ground of public confidence in the Government, will best ensure the beneficent starts of its institution.

RESOLVED by the Senate and House of Representatives of the United States of America, in Congress assembled, two thirds of both Houses concurring, that the following Articles be proposed to the Legislatures of the several States, as amendments to the Constitution of the United States, all, or any of which Articles, when ratified by three fourths of the said Legislatures, to be valid to all intents and purposes, as part of the said Constitution; viz.

ARTICLES in addition to, and Amendment of the Constitution of the United States of America, proposed by Congress, and ratified by the Legislatures of the several States, pursuant to the fifth Article of the original Constitution.

(Editor's note: This is being published once in advance of the ten amendments.)

**Attention: We will meet at the Enlisted Club
across from the Shoppette near the Valp Gate!**

Secretary's Pen

... by Jeff Thompson

Happy 4th, though this will more likely arrive at your house closer to the first day of summer on the 21st of June. In June we had another great program at the breakfast meeting and I noticed that out of our 64 members present there were several people I have never seen (in my immense 6 months with the group). Dan did a great job getting Capt Mark "Maverick" Noble to tell us about VMFAT 501. They will be the training squadron for the Marine pilots learning to fly the F35B. He went over what aircraft are being replaced by the different F-35 variants and answered questions about munitions loads, fuel use, and comparisons with the Harrier and Hornet. He also went over the upcoming key events to include the arrival of 30 officers and 281 enlisted members with the first students arriving Apr 12 2011.

Additionally Neil Schnieder traveled over from Pensacola to give the chapter a 45th Anniversary Certificate for being associated with the national organization for almost half a century. Then John Feldmann reminded people to update their wills and other emergency information, detailing his experience with one



Jeff Thompson

family that was prepared and one that was not. Frank Glunn reported on the importance of our scholarships to the local schools and the excitement generated by helping these worthy students advance their educations. In our executive meeting we discussed creating a challenge coin for the NWFMOA. Also, we talked about this year's membership directory and what information should be included; I'm creating a name and phone number only list for review. There will be directions to the E-club in this Defender so you can find our next meeting. Finally, we will soon be running an ad in the base paper to encourage folks to check us out.

My Jeff's list entry this month is not a single place but a thing to do. It is so nice to sit out and watch the sun set on these long summer days. Julie and I like the beach right in front of Anglers or Crab Shack on Okaloosa Island. Drinks from the bar and sit in the sand—tar balls or not. We are trying to help the local bar owners through their hard times with the oil spill. That sounds better than we like pretending to be beach bums. Again, if you would like to not receive the Defender snail-mail and get it via the web or e-mail please e-mail me at nwfmoasecretary@cox.net, we currently have 40 or almost 10% of the membership receiving the newsletter via electronic means (a substantial financial savings for us).

AUXILIARY CORNER

How can hugging a puppy, walking a dog, or fostering a young puppy help wounded warriors from the wars in Iraq and Afghanistan? Such simple tasks mark the beginning of a unique guide dog program. Paws for Patriots is designed especially for our returning veterans with trauma, visual problems, and other disabilities.

The program began in 2003, when a board member of Southeastern Guide Dogs in Palmetto, Fla., heard about a young Marine blinded by a bomb in Iraq and found out there were no programs to provide Seeing Eye dogs. With the help of Gen. Tommy Franks, USA-Ret., the staff of Southeastern Guide Dogs created Paws for Patriots to provide a free guide dogs to wounded veterans.

Their efforts led to therapy dogs being placed at Walter Reed Army Medical Center in Washington, D.C., and National Naval Medical Center in Bethesda, Md. Therapy dogs lifted spirits of veterans during physical therapy. Paws for Patriots was on its way, partnering veterans with visual and other disabilities with professionally trained guide and therapy dogs

to provide mobility with independence and dignity to those who have sacrificed so much for their country.

Providing a guide dog from puppyhood to placement, including lifetime support, costs about \$60,000. Volunteers foster and walk the dogs until they are 18 months old. After being trained by a professional, the dog is matched with a veteran. A final one-month boot camp for the veteran and his or her dog on the Palmetto campus creates a lasting bond as they become a team.

The program has provided about 140 dogs to injured veterans. To date, there is no government funding so private funding is necessary for the program to continue. Join MOAA's Bradenton (Fla.) Chapter, which contributed \$1,000 last year to the program, or volunteer to walk a dog. Give a wounded warrior the chance to rebuild his or her life. Visit www.guidedogs.org for volunteer opportunities and information on how you and your chapter can help. Their service to our country gives us independence; help them regain theirs.

Golf Truisms

The golf swing is like a suitcase into which we are trying to pack one too many things.

(John Updike)

Military Wisdom

'You, you, and you...Panic.
The rest of you, come with me.

~U.S. Marine Corp Gunnery Sgt.~

them in spades. How he did for so long I'll never know. The Old Testament Job was no match for patience.

Did you know Chuck had perfect pitch? Not me! But at his memorial service, I talked with those who sang with him and they said that he was a gentle but firm motivator. That jives with what I knew. I'd call him frequently with questions about DEFENDER or secretarial questions. When I'd call and ask for Yoda at first and didn't identify myself, Eileen wouldn't understand, but eventually got the meaning, for indeed Chuck was the font of all knowledge for the Secretary and Editor positions. **No one** had preceded him.

In passing on his insights, he could have been very egotistical and bitter. Nothing was farther from the truth. The words that come to mind are: gracious, honor, duty, integrity, service. He could have treated me like a son—in fact he had one of my age—but he didn't. He treated me as a peer who needed training—I appreciated that.

I'll miss Chuck. He brought clarity to my chapter responsibilities and wisdom and humor to my life that only a sage of his accomplishments could provide—far beyond our professional relationships. It extended to our Sunday brunches at the Officers' Club and annual Christmas Galas. I've included a photograph taken when Chuck received the chapter's first Leadership Award from MOAA and presented by Col Lee Lange—a MOAA Vice President. I'm proud to say that I initiated the process and wrote the submission and approved by Jack Dale. Chuck was also our first Life Member. He enjoyed many firsts during his lifetime.

No one will ever fill his shoes.....I will miss him greatly.

Bob's Computer Tips ... by Bob Garcia

Nancy and I just returned from our oldest grandchild's high school graduation. What a fun evening in the Colorado Springs area where Pike's Peak was in all its glory. Based on what we saw there, there is HOPE for our country, if the kids in her class are representative of her peers around the country.



Bob Garcia

I have been doing some exploring some sites on the web and found a couple of interesting items you might want to learn more about.

First, for those of you who are using Microsoft Office 2007, there is a beta release for Microsoft Office 2010 available for down load and use. Software developers need to expose their new software to thorough, real-world, testing before a general release and a "beta" version gives us an opportunity to use and evaluate new releases of their products. I downloaded it and find it has a few improvements over the 2007 version. Be aware that the "beta" release overlays the 2007 version, so you are really using the new release. I don't know when Microsoft plans to offer the 2010 version for sale and what its cost will be. I like what I see. Try this link:

www.microsoft.com/office/2010/en/default.aspx

If you are using Vista or Windows 7 you may have used the Desktop Gadgets which are available for giving you some boost in efficiency. Clock, pictures, music and a myriad of other applications are available on the web. I use a clock, a slide show and a calendar for my appointments and schedule. Use this link to find out more about Desktop Gadgets. I'm sure you'll find a couple you like:

gallery.live.com/results.aspx?c=0&bt=1&pl=1&st=5

I like the clock, calendar and slide show and will continue to evaluate others. There is also a neat "Yellow Sticky" process whereby you can create reminders and "stick" them on your our desktop. See this link:

sticky-notes.net

Kaypro II	
Released:	1982
Price:	US \$1595.
Weight:	26 lbs
CPU:	Zilog Z80, 2.5 MHz
RAM:	64K
Display:	9" green phosphor screen. 24 X 80 text only
Ports:	Serial port Parallel port
Storage:	Two internal 5-1/4" SS-DD 195K drives
OS:	CP/M, SBASIC



This was my first "portable computer. Note the specs!

Semper Fi, Bob

Got a Chapter question?
Change in personal info?
Comment?
Don't know who to ask?

Email: nwfmoinbox@cox.net.
We'll get an answer for you.



Dan Cobbs

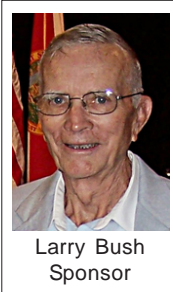
MEMBERSHIP

by Dan Cobbs

As we transition into summer, thoughts turn to vacations and visiting family. It's time to reflect on how we can continue to improve NWFMOA.

Look for a brief survey to be forwarded to you in the near future. Your active participation will drive NWFMOA in a direction that continues to meet the needs of our members and encourage other officers to join our professional ranks.

This month the spotlight is on **Colonel Larry Bush, Ret. USAF**, who recruited Major James Peavy, Ret. USAF.



Larry Bush
Sponsor

BACKGROUND

1. Place of Birth – Coxsackie, New York
2. Graduated high school – Athens Central High School, New York
3. Graduated College – FSU University- BA Degree; Central Michigan- MS Degree, FSU JD
4. Career Path
 - 1st Path – Aviation Cadet – AF Navigator
 - 2nd Path – AF Pilot
 - 3rd Path – Attorney
5. Lessons Learned: Stay the Course
6. To-Do – Keep on keeping on
7. Proudest two Moments – Air Force Commission and Birth of Children
8. Philosophy – People: First Golden Rule: Boy Scout Oath and Honor Code
9. Interests – History, Outdoor Activities
10. Legacy – Successful Children and Grandchildren

Whether you stay close to home or travel after, enjoy your summer.

We're moving forward....

Attention: We will meet at the Enlisted Club across from the Shoppette near the Valp Gate!

Chaplain's continued from page 2

The family poem for opening ourselves to God's grace is a well-known one by Elizabeth Barrett-Browning. I commend it to you the next time you need to grow in virtue!

*Earth's crammed with heaven and every common bush
afire with God. But only he who sees it takes off his shoes.
The rest sit round it and pluck blackberries.*

May we all be patient and loving toward one another as we walk the way of imperfect human-ness. God bless you and keep you.

(Editor's note: The poem Rev. Shirley mentions follows this article)

If By Rudyard Kipling

If you can keep your head when all about you
Are losing theirs and blaming it on you;
If you can trust yourself when all men doubt you,
But make allowance for their doubting too:
If you can wait and not be tired by waiting,
Or, being lied about, don't deal in lies,
Or being hated don't give way to hating,
And yet don't look too good, nor talk too wise;

If you can dream—and not make dreams your master;
If you can think—and not make thoughts your aim,
If you can meet with Triumph and Disaster
And treat those two impostors just the same:.
If you can bear to hear the truth you've spoken
Twisted by knaves to make a trap for fools,
Or watch the things you gave your life to, broken,
And stoop and build'em up with worn-out tools;

If you can make one heap of all your winnings
And risk it on one turn of pitch-and-toss,
And lose, and start again at your beginnings,
And never breathe a word about your loss:
If you can force your heart and nerve and sinew
To serve your turn long after they are gone,
And so hold on when there is nothing in you
Except the Will which says to them: "Hold on!"

If you can talk with crowds and keep your virtue,
Or walk with Kings—nor lose the common touch,
If neither foes nor loving friends can hurt you,
If all men count with you, but none too much;
If you can fill the unforgiving minute
With sixty seconds' worth of distance run,
Yours is the Earth and everything that's in it,
And—which is more—you'll be a Man, my son!

**Get This Grain for Better Blood Pressure
by Real Age**

Cream of Wheat, or oatmeal for breakfast? If you want to drop your blood pressure, go for the oats. In a study of folks with high blood pressure, eating soluble-fiber-rich whole-grain oats every day caused a significant dip in BP readings. In fact, some people's pressure dropped so low that they needed less blood pressure medication. First things first. Never change or stop your prescription medications without express instructions from your doctor. But a bowl of oatmeal in the morning may be a wonderful thing to add to your blood pressure management plan. In the study, a diet supplemented with oats was not only more effective than wheat fiber at slashing blood pressure readings but also helped control cholesterol and blood sugar. That's quite a powerful package of heart-protective benefits for one little grain. To get the amount of oats that the study participants got, you need only about three-fourths of a cup of whole-grain oatmeal at breakfast and an oat-based snack later in the day.

MEMORIALIZATION

The following people made a donation to our Scholarship Fund in Memory of Chuck Arpke.

John & Juanita Feldmann
Bill & Ruth Cullen
Bill & Dottie Ryan

DONATION FORM

Please accept this gift of \$ _____ to support the NWFMOA Scholarship Fund.

Donor Information:

Name _____

Address _____

City, ST ZIP _____

Your gift is tax deductible to the extent allowable by law.

This gift is a memorial in honor of: _____

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P.O. Box 310
Fort Walton Beach, FL 32549-0310



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Regular Reserve National Guard Active Duty Retired

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**The spouse of a deceased life member automatically becomes an auxiliary life member.

Membership Application/Renewal

New Members joining in 2010
receive membership through
December 31, 2011 for \$20.00.

Membership Renewal
1 yr - \$20.00, 2 yr - \$38.00, 3 yr - \$50.00
Life Membership Dues**

Age	Dues	Age	Dues
101+	Free	71-75	240.00
96-100	50.00	66-70	275.00
91 - 95	75.00	61-65	295.00
86 - 90	110.00	56-60	335.00
81 - 85	150.00	51-55	360.00
76 - 80	195.00	-50	395.00

Auxiliary Members
Pay one half of the above rates